

SynNor Brevet

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Synnøve-Nordkap

Lodge #1-008



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Voice Messages: 651-762-7872

NOTE NEW WEB SITE: <http://synnove1.com>

Island Lake Park 3611 Victoria Street North, Shoreview

Join us for our Midsommer picnic on Tuesday, June 17 at 6 PM at Island Lake Park in Shoreview. The park is on Victoria Avenue just south of I-694.

There will be games and a pot luck and Vikings in a Blanket.

The cost is \$2, and will be well worth it!

Scandinavian Culture and News

Building an Authentic Oseberg Copy

The so-called Oseberg ship is a Viking ship from the 800's that was found in a burial mound in Tønsberg in 1903. Since 1930 the ship has been kept at the Viking Ship Museum in Oslo and is considered a national treasure. Now, some wooden boat builders and Viking enthusiast want to build the ship again. Their work has already started.

"The whole project will cost almost 10 million kroner (roughly USD 2-million). The local government, businesses and individuals have shown a lot of interest in this cultural-historical project," says Geir Røvik of the organization Stiftelsen Nytt Osebergskip which is directing the work.

In all, the project demands 28 oak trees which will be cut in the next year and a half. In April, the first oaks were felled in Lystlunden Park in downtown Horten. Those trees were chosen by the municipal gardener, Jan Kjetil Howden. They were developing a tree illness, but are still good enough to use for the ship building.

"It's sad that we have to cut down these wonderful trees, but since illness made it necessary anyway, it's great that they will find 'eternal life' in this way," say the municipal gardener.

The building itself will probably begin in spring 2009 and is expected to take three years. The construction will take place outside of Oseberg Culture House, right in the middle of Tønsberg.

From: *Aftenposten.no*



The Pride of Baltimore II

Too Many Moose

Nowhere else in the world can as many moose be found as in Scandinavia. Since the early nineteen-hundreds the population of moose has at least tripled.

During this past winter much has been heard about the huge numbers of moose that have been run down on the roads and railways in Norway. But how do so many hungry herbivores affect the rest of the environment?

During the winter, moose love to gorge themselves on rowan, aspen and willow. Where these trees are found as young bushes, the moose can have a good time. The problem starts when the plants are bitten back so hard that they cannot recoup with new growth. The amount of available food then shrinks from year to year, with severe consequences for the moose themselves, as well as all insects, lichen, fungus and birds that need these trees.

There's never been a better time to be a wolf in Scandinavia's forests. With such enormous quantities of meat wandering around on four legs, predators can just help themselves. Nonetheless, they will not manage to reduce the number of moose very much so that the vegetation can recover. For the plants to come back again can mean only one thing: the moose population must come down.

From: *NRK.no*

Tall Ships Sail into Duluth

Duluth will welcome three tall ships into the harbor August 1 - 3, with on-board tours of these fascinating replicas of historic vessels. The ships will be in port as part of the Duluth Maritime Festival, celebrating the State's Sesquicentennial. There will be a concert at Bayfront Festival Park Saturday evening, with other entertainment planned for the weekend as well.

The ships include the U.S. Brig Niagara (198 feet long) and the schooner Pride of Baltimore II (157 feet), both replicas of the warships that took part in the War of 1812 against Great Britain. The third is the Madeline (92 feet), a replica of an 1840's schooner used as a commercial vessel. They will be docked near the DECC close to the landmark Aerial Life Bridge.

People will be able to tour the ships from 10 a.m. to 6 p.m. Friday through Sunday. Purchasing tickets in advance is recommended. Go to www.decc.org after April 14 and link to Ticketmaster. Or call 800-4-duluth, or visitduluth.com

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)

Saint Paul, Minnesota 55106

Voice messages: 651-762-7872

(See back cover for officers)

Web Page: <<http://synnove1.com>>

Sons of Norway International: <<http://www.sofn.com>>

Lodge News

Dear Members,

I hope all is well with all of our members as we head into the precious summer months.

The Festival of Nations was a success--I know that the gross receipts are over \$7500, which is outstanding. What I don't know yet is the expense figure; once we get that, we can determine our net profit. I have a feeling we will do great! I want to thank all of the volunteers that made this year's festival a success. A special thanks to Pat Carlson, who co-chaired this year's event with me.

One more item regarding the festival: we need to find a new storage place for the counter material and the supplies for the festival. We are no longer able to store these items in the church basement. Please call me if you can help with this need. The total space needed is probably less than 30 cubic feet.

Rod Hale is working hard to arrange a day trip to Norskedalen on Saturday, July 12--the total cost would be \$29. Please call Rod ASAP if you want to go: 651-636-4284, and send your check payable to Synnøve-Nordkap to Rod Hale at 1436 Colleen Avenue; Arden Hills, MN 55112.

I spoke about volunteers in last month's newsletter; as you know, our lodge runs only because we have volunteers. So, I am asking for volunteers to be on committees so that we can spread out the effort among more of our members. Here are the committees: 1) New Membership, 2) Festival of Nations, 3) Julebord 4) Summer Picnic, 5) Torsk & Meatball Dinner, and 6) Nominating Committee. Please call me if you care enough to help on a committee!

Congratulations to the following recipients of a \$500 scholarship for college: Allison Kapsner, granddaughter of Ardyce Davies, Jessica Urban, daughter of Rebecca Urban, and member Steve Roste. Good luck to all as you pursue your education!

Axel Torvi has donated a 'pouting chair" and a "plate with Telemark design" that he made for the silent auction at the District 1 Convention in Mankato. Thanks, Axel!

Special date: Our summer picnic is June 17 at 6 PM at Island Lake Park in Shoreview--one week later than our normal meeting date. Please bring a dish to share and join us for an evening of fun and games.

See you at the picnic!

- Len



Perhaps you saw the recipe for winter fruit salad in the April issue of Viking Magazine. It came from our own Meredith Berg, who also recently won an edition of a beautiful book called "NORWAY: Portrait of a Nation," which she has graciously donated to our lodge. She won with another recipe, both of which appear at the right.

Winter Fruit Salad

- 4 crisp apples, diced
- 1 cup green or red grapes
- 1 cup raisins
- 3 Tbsp. walnuts, cut up
- 1 cup sour cream
- 2 tsp. freshly grated nutmeg

Mix everything together and refrigerate until ready to serve.

Gjetost Chicken Breasts

- 4-6 deboned chicken breasts
- 2-3 Tbsp. butter
- ½ cup sour cream
- ½ cup plain low fat yogurt
- 2/3 cup Gjetost cheese, shredded

Flatten chicken breasts with a mallet and saute in half of the butter. Melt the remaining butter. Add sour cream and yogurt and heat in the microwave for 2 to 3 minutes, stirring occasionally until creamy. Add the Gjetost and stir until well blended. Spread mixture over the chicken, cover and bake for one hour, spooning sauce from pan every 20 minutes.

Lodge News

Board Meeting Minutes, May 6, 2008

Attendees: Len Carlson, Sharon Amann, Patty Carlson, Sue Halvorson, Rod Hale, Clay Keller, Trudi Johnson-Richards, Mary Beth and David Mutchler, Steve Roste, and Axel Torvi

Axel Torvi brought two items, a plaque and a pouting chair, as donations for consideration by the board as silent auction items for the district convention. The board decided to accept both items.

It was decided that the lodge would have an ad in the district convention program but not in the international convention program booklet.

Clay Keller presented the board with three scholarship applications. It was decided to award all three applicants scholarships.

Rod Hale reported that the Norskedalen trip requires a deposit and there is a 20 person minimum. He will also be coordinating an outing to a Saints game in August.

Leif Erickson emailed Len that the Minnesota Historical Society notified him that the location of the Leif Erickson statue will be affected a light rail station and would be something for our lodge to monitor. Leif has volunteered to represent the lodge at meetings regarding this matter.

Committees need to be established so that more members are involved in lodge activities. Volunteers are needed to participate on them to keep the activities going.

Plans for the mid summer picnic on June 17 at Island Lake Park were finalized.

The Festival of Nations food sales were discussed. Some of the volunteers indicated that they are interested in a recap to better plan for next year. A recap meeting will take place at the June board meeting. We are losing our storage area in the basement of the church for festival items. We need to find a new location. Lefse and sausages not sold at the festival will be available at the May meeting for members to purchase.

Preliminary planning was begun for the fall meetings.

Submitted by Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 p.m. on Tuesday, June 3 at the Roseville Library, Hamline and County Road B.

Lodge Meeting Minutes, May 13, 2008

72 people attended the May lodge meeting. We had one guest, Orris Haraldsen.

Lefse and sausage not sold at the Festival of Nations was for sale to lodge members.

Rod Hale announced that there is a \$9 admission fee to Norskedalen and that includes pie and coffee plus the tour. The bus fare for the trip is \$19.71 per person. (He figured that it would cost \$50.40 for gas for a car getting 25 miles to the gallon to drive there.) The trip is scheduled for Saturday July 12. Rod needed to have a \$10 deposit per person paid at the meeting with the remainder of the fee and bus fare due June 15. It takes 3 hours each way to reach Norskedalen and 6 hours will be spent there. [Hon: I heard comments on 4 hrs.]

Rod also announced that he has made arrangements for the lodge members to attend a St. Paul Saints game on August 19th. They will be playing Lincoln, Nebraska. There will be a sign up sheet at the June 17th picnic.

The social directors, Shirley Brekke and Patti Carlson, need volunteers to furnish and serve refreshments at lodge meetings.

The District Convention silent auction items made and donated by Axel Torvi were on display and Axel described the items in further detail.

Len announced that the Nidaros Cathedral Boys Choir is presenting a concert at Roseville Lutheran Church on June 29.

Clayton Lance gave the treasurer's report. He stated that we made about \$1700 more than last year at the Festival of Nations but our food costs were also up \$800 over last year. All of the expenses for the Festival were not in and there will be additional moneys from the sale of lefse and sausage to lodge members.

Len thanked Patty Carlson for heading up the Festival of Nations booth and for the great job that she did. There will be a recap of this year's festival for any lodge members that are interested at the June Board Meeting, June 3 at the Roseville Library. The church is no longer allowing the lodge to store items used for the festival in the basement. Len asked for a volunteer to store the items.

Len referred members interested in annuities to Greg Hovland and reminded members about the revenue sharing plan for the lodges.

Len acknowledged the donation to the lodge by Meredith Berg of a book about Norway, Portrait of a Nation.

Remarks for the good of the order were made by Dave Mutchler. He thanked Meredith Berg for recipes that she submitted for publication in a future newsletter. He encouraged all lodge members to send him other items of interest for publication in future newsletters.

Axel Torvi celebrates his birthday in May. There were no May anniversaries. Marge Pedersen won the door prize.

Doug Ohman treated the lodge to a very interesting program of beautiful photographs and history of Minnesota's early churches with an emphasis on Norwegian churches. A number of lodge members had family ties to these churches.

We wish to thank Shirley Brekke, Patty Carlson and Peter and Sharon Windey for the delicious refreshments they provided for the meeting.

Submitted by Sue Halvorson, Secretary

Calendar of Coming Events

<u>Tuesday</u> June 3	<u>Synnøve-Nordkap Board Meeting</u> Roseville Library conference room County Rd. B at Hamline	7:00 PM to 9:00 PM
<u>Sunday</u> June 8	<u>Danish Day</u> Danebo, Danish American Center in Minneapolis	9:30 AM to 3:00 PM
	2008 S/N Convention Dates: Dist #1 - June 12-14, Mankato, MN International - August 28-30, San Diego, CA	
<u>Tuesday</u> June <u>17</u> *note change in date	<u>Synnøve-Nordkap Lodge & Social Event</u> <u>Midtsommernatt Picnic</u> Island Lake Park in Shoreview - Picnic Pavilion Pot Luck Supper - Vikings in a blanket provided. Bring dish to share and your own beverage, plates and utensils. No glass please! Supper at 6:30 - Cost: \$2 each Join in the games and fun and conversation	6:00 PM to ???
	<u>Junior Lodge Peer Gynt Dancers</u> Are off for the summer Practices begin again 2nd Saturday in September – 1:00 - 2:30 PM	
<u>Sunday</u> June 22	<u>Svenskarnasdag</u> Minnehaha Park in Minneapolis	10:00 AM to 5:00 PM
June 26-28	<u>Valdres Stevne</u> in Austin, Minnesota Genealogy, arts, crafts, workshops, seminars. Tour of Bear Creek Lutheran Church and Program by Doug Ohman. For info. Check www.valdressamband.org	
<u>Saturday</u> July 12	<u>Day Trip to Norskedalen</u> Contact Rod Hale ASAP (see Len's letter, p. 3) Associate member Ann Beardshear writes "It is a beautiful place in the hills with a historic farm to explore, a Viking picnic pavilion, Nordic treats and music, an air conditioned museum and gift shop. It was well worth the trip."	Bus trip all day, with breakfast included. Reservations needed! Call Rod Hale, 651-636-4284.
<u>Sunday</u> July 13	<u>76th Annual Norway Day</u> Norwegian Day in the Park Minnehaha Park in Minneapolis All day event celebrating the Norwegian- American Community with parade, foods, exhib- its crafts and music	Begins with Worship at 10:00 AM to 4:00 PM
<u>Tues. Aug</u> <u>19</u>	<u>Saints game</u> (\$12.00 adults and \$11.00 seniors (65 and over). See next page.	7:00 PM

Synnøve-Nordkap Norwegian Language Classes:

Class is off for the summer --- We'll look for you in September!

1. "Norwegian in Five Minutes a Month" series - class.

2. "Norsk, Nordmenn og Norge" class For information, contact
class co-facilitators:

Sheryl Hove 651-738-4908 or Crystal Bloecher 651-774-8545

Nisswa-stamman Scandinavian Folkmusic Festival June 6 and 7.

In Nisswa, Minnesota, featuring 140 folk musicians performing on 5 stages. There are day-long dancing opportunities on two dance floors, dance instruction, a cultural children's activity & performance tent, and great Scandinavian food. All held under Norway pines in Nisswa Pioneer Village. For info: www.nisswastamman.org. Or contact Paul Wilson at (218)764-2994

31st Annual Hjemkomst Festival Moorhead, Minnesota

Friday, June 27 - Sunday, June 29, 2008
Beginning with flag ceremony at
10:00 AM Friday
Visit the Hjemkomst museum, see the
Viking ship and walk through the
Hopperstad Stave Church replica.
Enjoy full days of festivities and food.
Call (218)299-5452 or Visit:
scandinavianhjemkomstfestival.org.

Coming Events at Ingebretsen's 1601 E. Lake St., Mpls.

**"The Kensington Runestone-Fact or Fiction" - Tuesday, June 3 - 1:00 PM
Lecture by Scott Wolter. Cost: \$5

**Thursday, June 5 - 9:00 AM-5:00 PM
Bus tour to Alexandria to the Runestone Museum. Cost: \$45. Call for Information (612) 729-9333 or register at Ingebretsen's.

**Scandinavian Civil War Veterans-Pioneer Cemetery Tour - Saturday, June 7 - 10:00 AM - 12:Noon. Cost:\$5
Register at Ingebretsen's or call (612) 729-9333.

**Norse Horse - Saturday, June 14 - 1:00 PM - 3:00 PM. Cost: \$5

Learn about horses in Nordic myth and song.

Activities and Events

Saints blurb: Saints game versus the Lincoln Saltdogs, Tuesday, August 19th, 7:00 PM; tickets: \$12.00 adults and \$11.00 seniors (65 and over). Sign up at the picnic or send you check to Rod Hale (1436 Colleen Avenue, Arden Hills, MN 55112) payable to the lodge by July 1, 2008. We need 15 people.

-Rod Hale

Summer Sizzle 2008

Add a little sizzle to your summer recruitment efforts by participating in Sons of Norway's Summer Sizzle! From June 1 - August 31, 2008, for every three quallifying members you recruit, you'll receive a rosemal coffee mug. Recruit 12 members and we'll throw in a pound of gourmet coffee to go in your mugs. Summer usually marks a slower time for our lodges, but that doesn't mean that new member recruitment needs to slow down, too! Consider some of these ideas to kick-start summer member drives:

- Throw a Midsommer celebration and invite family, friends and the community! An event is a great way to showcase the fun we have celebrating our heritage and culture. Make sure there's a member on hand dedicated to answering any questions about Sons of Norway and inviting non-members to join.
- Have a picnic! We Norwegians love to eat so why not throw a membership picnic instead of the typical dinner or breakfast? Throw in a couple games or activities to make it a festive atmosphere.
- Get involved. Many communities have a plethora of events, like parades and festivals. Involve your lodge somehow (food booth, volunteers, activity sponsors, etc.) and have those applications at the ready.
- Remember - the most effective way to get someone to join Sons of Norway is simply to ask them, so don't be shy. Have an application on hand for the pool, the park, or sitting on the porch with non-member friends.

Don't forget, Sons of Norway has tons of tools for you to use to get the word out about your lodge. You can order posters, marketing brochures, membership benefits booklets, and of course, more applications from the Supply Department (supply@sofn.com or 800-945-8851, ext 645)

For brainstorming and assistance or to receive the monthly recruitment and retention e-mails, you can also contact the Membership Coordinator (nneuman@sofn.com or 800-945-8851, ext. 697)

Need even more incentive to recruit? Each dues-paying member you recruit also qualifies you for the Norwegian Experience 2008 contest!

To qualify for entry, completed membership applications for new members, with the recruiter's member number indicated, must be received at Sons of Norway Headquarters by August 31, 2008. On-line applications count as well. Remind members to provide their member number to the applicant for inclusion on the on-line form.

Norwegian Experience 2008: An Exclusive trip to Hadeland Glassworks

The winner of this year's Norwegian Experience membership recruitment content will receive an all inclusive trip for two to Norway, and they will also enjoy a private excursion to the Hadeland Glasswork, where they will be treated to a private tour, a 3-course meal and a 1,000 NOK Hadeland gift certificate.

Hadeland Glassverk is beautifully situated in Jevnaker, just an hour north of Oslo, in idyllic surroundings at the southern tip of the Lake Randsfjord. The glassworks was founded in 1762 and is the oldest industrial company in Norway that can claim continuous operation since its foundation. With its 190 employees the glassworks today not only represents a large and thriving industry undergoing constant development, but also significant operations linked to the Visitor Centre. The Visitor Centre welcomes almost 600,000 visitors annually, and is thereby one of Norway's most popular tourist attractions.

Entering the contest is easy! All you have to do is be a current member of Sons of Norway who recruits a new, dues-paying member between January 1 and December 31, 2008. Also, don't forget that any gift memberships you give to new, dues-paying members throughout the year can also qualify you for the contest as well.

Sons of Norway Headquarters

Festival of Nations

Thank you to the members, friends, and family who worked so hard for the Festival of Nations. The meetings, shopping, set-up, food preparation, and the four days at RiverCentre require many hands and many hours. Special thanks to Patty Carlson and Len Carlson for leading this event.

Tusen takk! You are appreciated!

Sharon Amann
Bob Barduson
Lyle & Eunice Baker
Les & Meredith Berg
Bob & Joanne Berndt
Crystal Bloecher
David & Alice Brekke
Don & Shirley Brekke
Dana Carlson
Len & Kathy Carlson
Patty Carlson
Ardyce Davies
Jack & Bev Dougherty
Leif & Linda Erickson
Ed & Penny Gilbertson
Susan Halvorson
Gene Hanson

Millie Hartleben
Curt & JoAnn Hogenson
Linda Holmstrom
Sheryl Hove
Iver Hustvedt
Lenore Jesness
Judy Jourdan
Beth Juran
Sharon Kalmes
Kathy & Jean Kaluza
Claire Keller
Clay Keller
Kathy Kolstad
Ron Kvaas
Clayton & Char Lance
Sherry Miller
David & Mary Beth Mutchler

Lisa Mutchler
Lorraine O'Neil
Loren & LaRee Opdahl
Jeane Pearson
Cathie Reasoner
Trudi Johnson-Richards
Steve Roste
Joanne Ronning
Marsha Rosenberg
Frank & Laura Sherman
Taffy Storck
Axel Torvi
Scott Torvi
Andy & Jane Urness
Karen Vinnes
Gary & Rosanna Wunrow
Dallas Zimmerman



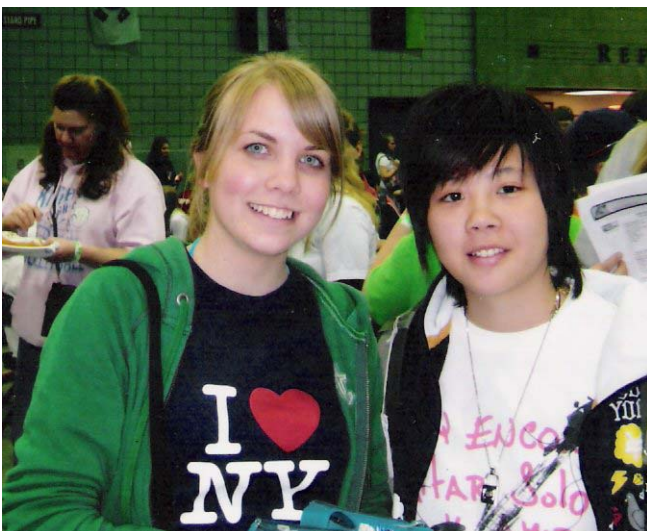
Volunteers Needed!

In his President's letter, Len asks for volunteers for a number of committees. In an all volunteer organization, it should not be necessary to state the obvious--we all must do our part to make the lodge a success.

Our social directors, Shirley Brekke and Patty Carlson, have had difficulty getting volunteers to serve refreshments at our meetings. Thank you to the following people who have served refreshments in the past year and a half:

<u>2007</u>			
<u>Jan.</u>	Crystal Bloecher Sheryl Hove Bob & Shirlee Urness	<u>Sept.</u>	Jack & Bev Dougherty Lenore Jesness Millie Hartleben Loren & LaRee Opdahl
<u>Feb.</u>	Patty Carlson Joann Ronning Marge Pedersen	<u>Oct.</u>	Shirley Brekke Trudi Johnson-Richards Char Lance
<u>Mar.</u>	Lyle & Eunice Baker Sherry Miller Jeane Pearson	<u>Nov.</u>	Gerry Arras Len & Kathy Carlson Ed & Penny Gilbertson Don & Sue Halvorson
<u>Apr.</u>	Meredith Berg Shirley Brekke Kathy Carlson		
<u>May</u>	Ardyce Davies Sharon Kalmes Andy & Jane Urness	<u>2008</u>	
		<u>Jan.</u>	Shirley Brekke Kathy Carlson Marge Pedersen
			<u>Feb.</u> Crystal Bloecher Rod Hale Taffy Storck
			<u>Mar.</u> David, Mary Beth, & Lisa Mutchler Sharon Amann Greg & Jan Hovland
			<u>Apr.</u> Ron & Susan Stow Leif & Linda Erickson Frank & Laura Sherman
			<u>May</u> Shirley Brekke Patty Carlson Peter & Sharon Windey

If your name is not on this list, please consider volunteering to bring treats to a meeting. It should not always be the same people, and it is certainly not the job of Shirley and Patty to provide our treats! We all enjoy the food and fellowship after our meetings, but if people are not willing to help with this, we will be forced to provide only coffee and juice.



Among the many visitors to our Festival of Nations booth was Kristine Helmersen, a foreign exchange student from Norway.



This and That

The Corner Library

by Trudi Johnson-Richards

The Sons of Norway Lending Library has a number of DVD and VHS movies available for members. You can email culture@sofn.com or call 612-827-3611 or 800-945-8851. A DVD or VHS is sent to you at no charge and a return envelope is included for your use.

Recently I had the pleasure to view a new documentary, **The Marshall Plan**, directed and produced by Steinar Hybertsen. This film was sponsored by the Norwegian American Foundation.

By the end of World War II, the Japanese economy had been virtually destroyed. General Douglas MacArthur, who led the US occupation forces, eventually would rebuild Japan's economy along democratic lines. Japan faced famine and MacArthur set about rebuilding Japan into an economic powerhouse.

In Europe, the Marshall Plan, named after Secretary of State George Marshall, the wartime Army chief of staff, launched a similar plan. The goal of the Marshall Plan was to help both victims of the war as well as perpetrators to recover economically and to rebuild their societies.

The Marshall Plan in essence said to the Europeans that the United States would stay and invest in the future of the continent and its people, unlike after World War I, when the United States left the Europeans in conditions that virtually guaranteed World War II.

With the creation of the Marshall Plan, the United States made it clear that a new kind of leadership was going to have its impact on the world. That leadership knew how to use military power, but made it clear that economic aid based on the rights of others to life in peace and security were primary in winning the peace.

Sixteen countries joined the Marshall Plan including Norway, Sweden, Finland and Denmark. The Marshall Plan was in effect in Norway from 1948-1952. Norway needed to modernize after the war. Norway's machinery was outdated and money was given to buy new equipment and machinery. The Marshall Plan was basically the reconstruction of the East and the West. Norway received more money than any other country.

George Marshall received the Nobel Peace Prize in 1953. He accepted the award, but no money. His acceptance speech emphasized three important issues: (1) children should study history; (2) there should be exchange programs and persons should live in other countries; and (3) we should continue to assist in developing nations. King Hakon of Norway was at the ceremony and the first one to stand up and cheer for George Marshall. A group of Norwegian children sent a Norwegian Elkhound to George Marshall in appreciation of what he had done for Norway. The dog was named "NATO."

Other Norwegian films available at the Sons of Norway Lending Library include "Insomnia" (1977), "Gone with The Woman" (2007) and "The Kautokeino Rebellion" (2007).

Lingonberry Cake

Ingredients:

2 scant cups flour
2/3 cup sugar
1 Tbsp baking powder
2/3 scant cup unsalted butter
1 egg
3/4 lingonberry preserves

Topping:

2/3 cup oatmeal
3 Tbsp butter
1 / 2 cup sugar
1 tsp vanilla sugar

Preheat oven to 400 degrees. Combine sugar, flour and baking powder and cut in butter with a pastry blender. Add the egg and mix all together.

Spread mixture into a pre-greased 8 x 12 pan. Spread an even layer of lingonberry preserves over the batter. Combine all the ingredients for the topping and sprinkle over the preserves.

Bake for 27-30 minutes until topping is golden.

Cool before cutting.

From: *SN newsletter service*

**Why not consider an ad in our newsletter?
The cost is one \$10 / issue, or \$100 / year.
Contact synnove1@q.com .**



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Overwhelmed by "stuff"?

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 Linda Holmstrom 770-8989

(All area codes are 651 unless otherwise specified).

**SYNNØVE-NORDKAP
SONS OF NORWAY
LODGE #1-008
First Lutheran Church
463 Maria Ave.
St. Paul, MN 55106
651-762-7872**



Upcoming Activities

**Midsummer Picnic - Island Lake, Tues, June 17
Day Trip to Norskedalen - Sat. July 12
Saints Game - Tues. Aug. 19**

More Info Inside

The Mission of Synnøve-Nordkap is to promote, preserve and cherish a lasting appreciation of the heritage and culture of Norway and other Nordic countries while growing soundly as a fraternal benefit society and offering maximum benefits to its members. Visitors and new members are always welcomed.