

SynNor Brevet

Published monthly by

Synnøve - Nordkap

Lodge #1 - 008

WEB SITE: <http://synnove1.com>



**District 1 Family Lodge
of the Year 2006, 2008**

December 2011

Number 11:11

Voice Messages: 651-762-7872

Here's a Brevet Crossword Clue! What is An Eight Letter Word for the following:

A beautiful holiday feast including liver pate and crackers, potato sausage, sliced ham, meatballs, herring, salmon, shrimp, cheese, breads, Rødkål (red cabbage), Surkål (sweet/sour cabbage), beet pickles, rutabagas/carrots, sweet/sour cucumbers, red potatoes w/dill, fruit, Risengrøt (rice pudding), Rømmegrøt, dessert waffles and jam, Søtsuppe (Fruit soup), cookies, Krumkake, Sandbakkels, Rosettes, Spritz, and lefse!

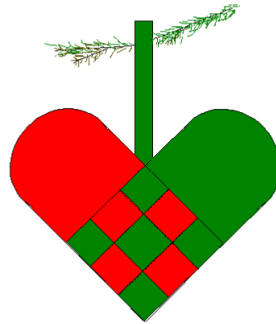
Answer: Julebord!

Our annual celebration will be held Dec. 13th at 6:00 p.m. Please Join Us!

A little bit about Julebord: As in the other Scandinavian countries, Christmas in Norway has retained its pre-Christian name, Jul. The main event for Norwegians is on Christmas Eve (December 24th), the evening when the main Christmas meal is served and gifts are exchanged. There are several different traditions of main dishes served on Christmas Eve, around Norway. In Western Norway (Vestlandet), mutton ribs (Pinnekjøtt, lit. "woodstick meat") is a common dish. Near the town of Voss, mutton head (Smalahove) is eaten. Lutefisk is another common dish. In Northern Norway, boiled cod is more common. In Eastern Norway, pork ribs (Svineribbe) is the most common dish. With all these dishes, mashed swede and boiled potatoes are usually served. To some, Christmas Eve dinner begins with rice porridge (rommergrot) which contains one almond that wins a prize. A bowl is traditionally put out for the unpredictable Nissen so that he will continue to watch over the animals and not turn mischievous. Almost all Norwegian breweries produce traditional Christmas beer (juleøl), which is darker, stronger and has more flavor than the common Norwegian lagers. Breweries also produce a special Christmas soda (julebrus), which in some parts of the country is a red raspberry soda, with a Christmas label on the bottle. Akvavit is also common. Christmas dishes are also served on julebord, where people from work gather in a restaurant around early December to eat Christmas food and drink. Also, a large variety of Christmas cakes or cookies (julekaker) are common. Traditionally, the mother of the house is expected to bake 7 types of julekaker. (Source: Sons of Norway Norrona Lodge #50, Van Nuys, CA, <http://norronalodge.org/julebord.htm>)

SCANDINAVIAN CULTURE AND NEWS

The Norwegian "Nisse"



The name "Nisse" probably derives from St. Nicholas. But "nisser" - which are elves (or gnomes) are old figures which existed long before the birth of Christ. There are several types of "nisser" in Norway. The most commonly known is the "Fjøsnisse" which is a "nisse" who takes care of the animals on the farms. The "Fjøsnisse" is very short and often bearded and lives in a barn or a stable. He wears clothes of wool and often has a red knitted hat. The "Fjøsnisse" often plays tricks on people. Sometimes he will scare people by blowing out the lights in the barn or he will scare the farm dog at night. He can become very friendly with the people that live on the farm, but one should never forget to give him a large portion of porridge on Christmas Eve - or else he will play tricks! He might move the animals around in the barn, braid the horses' mane and tail, or other tricks like that.....

Another type of nisse is the Christmas nisse, which in most homes is somewhat similar to Santa Claus. The "Julenisse" brings presents to all the nice children on Christmas Eve. He is not as shy as Santa though, since the "Julenisse" does not come down the chimney in the middle of the night.

Nisse are deeply ingrained in Norwegian culture and tradition and to this day, family members masquerade as "nisse" by putting on a mask and a costume on Christmas Eve asking the children "Are there any good children here?"

excerpted from <http://www.stavanger-web.com>

Synnøve-Nordkap Lodge normally meets on the 2nd Tuesday of the month at 7:00 PM At First Lutheran Church
463 Maria Avenue (at 8th Street East, 2 Blocks North of Metro State University)
Saint Paul, Minnesota 55106 Voice messages: 651-762-7872 (See back cover for officers)
Web Page: <<http://synnove1.com>>
Sons of Norway International: <<http://www.sofn.com>>

Lodge News

Fra presidenten

Hilsen på dere! Greetings to you all! As we transition from Thanksgiving to the Christmas season, there are many things that we can celebrate, whether with family, friends or in other groups. Synnøve-Nordkap lodge will, of course, be celebrating its annual Julebord on December 13. Literally translated, Julebord means Christmas table. Its further meaning includes the social gathering where all will share in one another's joy, as well as in the traditional goodies of our Norwegian ancestry. I hope to see many members at Julebordet.

The museum display committee continues to meet and has expanded to include more writers, photo sorters, and artifact hunters. If you have skills in these areas, or items to contribute, please contact Jeane Pearson, Ron Kvass or Ruth Gibson. This is indeed a tremendous project which can use everyone's support.

My thanks to all of those members who have agreed to serve as officers and directors for next year. As those of you who attended the November lodge meeting know, the offices of Treasurer and of Cultural Director are still open.

Treasurer is an essential office, which is required by Sons of Norway for each lodge. If you have any skills in keeping financial records, and that would include anyone who keeps household records, you are a person who can help. The lodge needs you. Please call me now at (651) 439-7255 to offer your services in this regard.

The Cultural Director plans the program for the year, with the help of the board of directors. Duties include introducing program presentations at lodge meetings. The board, and individual members, will recommend programs and the cultural director arranges the contacting of any speakers, or materials for presentations at lodge meetings. Uncle Selmer and the lodge need you. Please help by calling me at the above number.

Dear members, as you think about gifts for the Christmas season, please consider giving to a family member or to a friend a gift membership to Sons of Norway for Synnøve-Nordkap lodge. Keep in mind that spousal members have reduced dues. Our lodge always benefits from new members, as do they from the lodge.

Glade Jul! Ron



Sunshine News by Mary Beth Mutchler

Best wishes to Kay Sandeen, who has finished her last chemo treatment.

Our thoughts and prayers will be with Jerry Richards, our Torsk and Meatball Dinner chef, on December 28, when he has a heart valve replacement at Mayo in Rochester.

Our condolences to Ardyce Davies on the death of her husband, Bill.



Ron Stow, Joanne Englund and Rod Hale enjoyed their brisk walk around Indian Mounds Park in St. Paul on November 19th.

HELP US KEEP TRACK OF OUR MEMBERS!

Mary Beth Mutchler is our new sunshine person. If you know of someone who is sick, has had surgery, etc., please call her at 651-484-8872 or email her at mbe43@q.com and she will send a card from the lodge. -Thanks

Lodge News

Board Meeting Minutes, November 1, 2011

Attendees: Ron Stow, Sharon Amann, Pat Carlson, Rod Hale, Sue Halvorson, Trudi Johnson-Richards, Sharon Kalmes, Mary Beth and David Mutchler, and Susan Stow.

A Torsk and Meatball Dinner review meeting was held. The dinner was a monetary success. The profit was greater than the profit from the Festival of Nations. The lodge needs to look at the pricing of food items for the festival as a way to increase profits from it. The Pioneer Press does not print our publicity far enough in advance of the dinner to allow people who do not belong to the lodge to sign up before the deadline. This needs to be solved for next year.

At the November lodge meeting the slate of officers for 2012 will be presented. There are still openings for treasurer and cultural director. The announcements will again be projected. Suggestions were made to leave them on longer so that everyone could read them.

The lodge had four applicants for language camp scholarships. They each were awarded a \$135 scholarship from district funds. The lodge will match those funds. Dave Mutchler made a motion and Sharon Amann seconded it to give each applicant an additional \$65 from funds donated to the lodge specifically for scholarships. Rod is checking with the district to see if we are able to divide a fifth scholarship available to the lodge among the four applicants if no further language camp applications are received.

Ron stressed the need to recruit new members as the amount of scholarships awarded to the lodge and the number of convention delegates are based on the number of lodge members.

Sharon Kalmes will have members signup at the November lodge meeting to bring food items and help with setup and cleanup for the Julebord. Logistics and supplies for the meeting were discussed. Additional people are needed for the Salvation Army bell ringing. Susan Stow again listed program ideas mentioned at the September board meeting. Tentative plans for the January meeting include a chili dump supper and a movie.

An invitation for volunteers for the museum exhibit was given to board members. The 2012 convention will be in St. Cloud.

Submitted by: Sue Halvorson, Secretary

The next board of directors meeting will be held at 7:00 PM on Tuesday, December 6 at the Maplewood Library, 3025 Southlawn Dr. (W. side of Maplewood Mall) in the community program room.

Lodge Meeting Minutes, October 11, 2011

54 lodge members attended the lodge meeting.

Mary Beth Mutchler gave the treasurer's report. For October the lodge started with a balance of \$2949.84, had deposits of \$2864.90 and expenses of \$1430.49 leaving a balance of \$4376.40 at the end of the month. The profit from the Torsk and Meatball Dinner was \$2321.59. The October minutes were approved as printed in the Brevet.

Sharon Kalmes had signups for food, setup and cleanup for the Julebord. She also needs 2 people for treats in January.

Sheryl Hove conducted a lodge language lesson focusing Norwegian words containing silent letters.

Greg Hovland spoke about November being longterm care awareness month and had materials available with further information.

Rod Hale awarded silver and gold Idrettsmerke sports medals to Don Halvorson.

Ron presented the slate of lodge officers for 2012.

President Ron Stow and Vice President Kathy Stevens will be serving the second year of their two-year terms. The other officer candidates are listed on the top of page 8 due to lack of space here.

Ron called for additional nominations from the floor and there were none. The membership voted to approve the slate of officers and to elect the officers.

Jean Pearson, chairperson of the Museum Exhibit Committee, called for members to volunteer for seven sub-committees and also passed out a wish list for artifacts to be displayed as part of the exhibit at Landmark Center.

Jean Pearson introduced the speaker Betty Bergland who presented an interesting talk focusing on Norwegian American women and their life experiences.

November birthdays are being celebrated by Jean Draheim, Maureen Austinson, Susan Stow and Jan Hovland. No one present was celebrating an anniversary. Sue Halvorson won the door prizes.

Thank you to LaRee Opdahl, Susan Stow, and Leif and Linda Erickson for the delicious treats.

Submitted by Sue Halvorson, Secretary

Calendar of Coming Events

Saturday Dec. 3	<u>Bell Ringing at Byerly's</u> 1959 Suburban Ave. near I-94 (see list of ringers below)	11:00 AM to 6:00 PM
Saturday Dec. 3	<u>There is no Genealogy Group Meeting in December! Our next meeting is Sat. Jan. 7</u>	
Tuesday Dec. 6	<u>Synnøve-Nordkap Board Meeting</u> Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall).	7:00 PM to 9:00 PM
Saturday Dec. 10	<u>Junior Lodge. Welcome!</u> The annual Junior Lodge Christmas baking party! Meet at Our Savior's Church, 1606 West Olive, Stillwater from 1 - 2:30. Invite a brother or sister, cousin or friend to join us.	1:00 PM to 2:30 PM
Tuesday Dec. 13	<u>Synnøve-Nordkap Social Event</u> Julebord	6:00 PM
Tuesday Jan. 3	<u>Synnøve-Nordkap Board Meeting</u> Maplewood Library conference room; 3025 Southlawn Dr. (W side Maplewood Mall).	7:00 PM to 9:00 PM
Tuesday Jan. 10	<u>Synnøve-Nordkap Social Event</u> Chili Dump and Movie Night	7:00 PM

Bell Ringers on Saturday, December 3 at Byerly's

11 AM to 1 PM: Clayton & Char Lance
1 to 3 PM: Dana Carlson & Gene Hanson
3 to 5 PM: Dave & Lisa Mutchler
5 to 6 PM: Jane & Andy Urness

Our Calendars Have Arrived!

If you ordered 2012 calendars, plan to pick up your order at the Julebord.

Note from the sports/fitness director:

I'm hoping to do a winter Nordic ski outing as well as a spring orienteering event if members are interested. Anyone like to try ski orienteering? Talk to me if you're interested!

Rod Hale, 651-636-4284

Norwegian Language Classes

- (1) "Norwegian In Five Minutes A Month" series. Class 6:30-7:00 PM Tuesdays before lodge meetings. Nov. 8: Lessons 26 & 28.
- (2) "Norsk Nordmenn og Norge" Class 6:30-8:00 PM Thursdays, 1/mo. Sun Ray Library, 2105 Wilson Ave., between McKnight Rd. & Ruth St. Date: December 15, chapter 23, p. 377.

For information, contact class co-facilitators: Sheryl Hove, 651-738-4908 or Crystal Bloecher, 651-774-8545. New participants welcome!

Mindekirken Events

612-874-0716

Sat. Dec. 3: Christmas Bake Sale & Rømmegrøt Café, Scandinavian Market, Silent Auction, Bargain Basement

Sun. Dec.11: Santa Lucia Pageant

Tuesday Open House:

Dec. 6 Dale Ruff—Stave church tradition in Norway and the reproductions in the United States.

Dec. 13 Santa Lucia Story—Margareta Beyer, of American Swedish Institute

Nordic Lights Film Festival

Save the dates, Feb. 3-7, 2012

St. Anthony Main Theater

<http://nordiclightsfilmfestival.org/>

Dec. 17 & 18, 2:00 PM: "A Scandinavian Christmas with the Minnesota Orchestra", Orchestra Hall, Mpls.

It may be cold outside, but inside—God Jul!—a warm welcome awaits! Join the Minnesota Orchestra for our annual Yuletide celebration: a winter bouquet of Scandinavia's most beautiful Christmas songs plus lovely seasonal selections by Sibelius, Leifs, Anderson and Grieg. The stars—Julstjärna—will be hung and the hall will be aglow with the magic of Santa Lucia, complete with a candle-light procession. Nordic sweaters welcome!

The deadline to submit items to the Brevet for the coming month is normally the 20th of the previous month. Please keep this time frame in mind, and keep those news items coming!

Thanks,

-Dave dmutchler@q.com or
651-484-8872

-Lowell jhnsn7440@msn.com or
651-739-7440

Lodge News & Upcoming Events

Julebord is Tuesday December 13th!

The chairman of this event is Sharon Kalmes.
Contact her to sign up: 651-771-0851 or
sharon1073@msn.com .

**If you do not sign up to bring an item,
there is a \$10 charge per person to attend.
To date, we have the following items coming:**

- Liver pate / crackers: Ann and Charles Bearshear & Peter and Sharon Windey

Meat (3 pounds each)

- Potato sausage: : John and Judy Jourdan (2 more volunteers needed)
- Sliced ham: Ron and Susan Stow & Sheryl Hove
- Meatballs: Beverly and Lowell Johnson & Char and Clayton Lance
- Salmon: Judy and Jerry Stanke

Fish

- Shrimp (2-3 lb): Dave and Mary Beth Mutchler & JoAnn England & Lisa Mutchler
- Herring (1 quart): Gerry and Rosanna Wunrow & Sherry Miller

Cheese Platter (2 lb. Sliced)

- Gjetost: Curt Hogenson
- Bondøst: Gene Hanson
- Jarlsberg: Lenore Jesness

Breads (2 loaves sliced, then sliced in half)

- Rye: Ron Kvass
- Whole wheat: Rod Hale
- Flatbrød (8-10 rounds, broken up): Maf Berg

Vegetables

- Rødkal (red cabbage): Sharon Amann
- Veggie Tray: Jeane Pearson and Doug Peterson
- Beet Pickles (1 qt.): Cecile Malack
- Sweet/sour Cucumbers (1 qt.): Maureen Austinson
- Red Potatoes w/dill (5 lb.): Jan Hovland and Jerry Richards
- Salad : Joanne & John Nordale
- Rutabagas/Carrots: Millie Hartleben

Desserts

- Risengrøt (Rice pudding): Shirley Brekke
- Rømmegrøt: Pat Carlson
- Dessert waffles and jam: Eunice Baker
- Søtsuppe: (Fruit soup): Dave Hegdahl

Cookies (4 dozen)

- Krumkake: Chuck Draheim and Cathie Reasoner
- Sandbakkels: Maf Berg
- Rosettes: Jo Ann Hogenson
- Spritz: Lauren Pearson

Smørbrød

- Open face sandwiches (4 doz. Sm.) Sue Halvorson

Fruit: Linda Holmstrom

Other Sandinavian specialties:

- Lefse Roll ups : Jan Urness



We usually have between 100-125 people for our celebration so main dishes are very important so that there will be enough for everyone. Remember, your item must be ready to serve: heated, with serving bowls and spoons, etc.

Set Up (Starts at 5 p.m.)

1. Ron Kvaas
2. Shirley Brekke
3. Maureen Austinson
4. Sherry Miller
5. Sheryl Hove
6. Jacquie Carlone
7. Beverly & Lowell Johnson

Helping Organizing food (eating last)

1. JoAnn & Curt Hogenson
2. Lowell Johnson
3. Char & Clayton Lance

Clean up after Dessert and Coffee

1. Meredith Berg
2. Lenore Jesness
3. Douglas Peterson
4. JoAnne England
5. Jacquie Carlone
6. Pat Carlson



Thank you everyone for making this a fun, great evening! If you can help, please call Sharon.
651-771-0851 or sharon1073@msn.com



Junior Lodge Update:

The Meeting was Runed! (in a good way)

A thousand years ago, people who knew how to read used letters called runes. As we began our junior lodge meeting, Saturday, November 12th, each of the children copied their first name in runic characters. Our guest teacher, Kari Tauring, brought artifacts for everyone to see and touch, like leather, goat fur, antlers, and a ram's horn. The children compared the weight of an iron pot with that of bronze from an earlier period in Norway. They were fascinated by the pieces of flint used to skin the leather, and start a fire.

We tried three different primitive dances that used singing and the beat of a staff and stick for the percussion. These were *Komme alle*, *Kjerringa med stavn*, and the bear dance. Of course, everyone wanted to be a bear doing tricks in the center of the circle. We had more bears than percussionists /singers.

Five Peer Gynt dancers earned the beginning folk dance cultural skills medals for youth: Natalie and Nicole Urban, Claudia Stow and Carl and Celeste Tomlinson.

Special thanks to Silje Erickson for the delicious treats.

Next month, we look forward to our popular baking party, making krum kake, sandbakkelse, mandel keks and kringla.

-Susan Stow

Meet our Members by Ron Stow

A year ago, Lowell Johnson received a gift membership for Sons of Norway from his wife and has jumped right into the activities of Synnøve-Nordkap lodge. He has enjoyed the experience immensely and has been impressed with all fellow lodge members, their knowledge and passion for Norwegian heritage, culture and tradition. He says, "I know you are all preparing me for a someday, long-awaited trip to Norway."

A love for all things Norwegian was engendered in Lowell by his mother, when she taught him words and sayings, the table prayer and numbers. As a five year-old, he would entertain aunts and uncles with these Norwegian sayings. The uncles got a kick out of his saying "A 1000 Swedes came through the weeds, chased by one Norwegian".

Continuing to enjoy the Norsk fun, Lowell plays guitar, sings and tells Norsk yokes, performing for groups and events under the pseudonym Einer Otterson of East Overshoe County Minnesota. He is joined by his sister, who wears a bunad while playing the accordion. "It seems as though all Minnesotans love to be reminded of our strong Scandinavian heritage", says Lowell.

As the new Assistant Editor for the newsletter, Lowell has answered the call to help our lodge continue the excellence of our Brevet. He has also participated in donating silent auction items, handcrafted woodworking items. In the Cultural Skills Unit program, Lowell is working on the Norwegian Language and Culture medal. And his interest in woodworking has also created a desire to learn chip carving.

Lowell is looking forward to helping with the development of the lodge's museum exhibit at the Landmark Center.

Along with woodworking, Lowell's hobbies are music, the Minnesota Twins, and (trying to) exercise. In his work life, he is Director of the Washington County Department of Public Health and Environment.

Lowell and his wife Bev live in Oakdale. They have three children, Stephanie, Grant and Rachel. Thank you, Bev, for giving Lowell that gift membership!



More News for Our Members

Continuation of list of officer candidates for 2012 (from Lodge Minutes on page 4).

President Ron Stow and Vice President Kathy Stevens will be serving the second year of their two-year

Secretary	Sue Halvorson	Trustees	Wayne Bjorum
Membership Secretary	Trudi Johnson-Richards		Kathy Kaluza
Treasurer	VACANT		Jean Draheim
Social Director	Pat Carlson	Sports Director	Rod Hale
	Sharon Kalmes	Foundation	Rod Hale
Cultural Director	VACANT	Scholarship	Rod Hale
Counselor	Sharon Amann	Newsletter Editors	Lowell Johnson
Junior Lodge	Susan Stow		Linda Holmstrom
Marshall	Chuck Draheim	Newsletter Mailer	Connie Chrissis
Assistant Marshall	Kathy Kaluza	Sunshine	Mary Beth Mutchler
Greeter	Lisa Mutchler		

Ron called for additional nominations from the floor and there were none. The membership voted to approve the slate of officers and to elect the officers.



Benefit News

Money Issues of Surviving Spouses Part 1

The death of a spouse is a wrenching event. To make the pain and anxiety worse, survivors find themselves grappling with financial and legal questions at a time when many people understandably aren't thinking clearly.

The immediate challenge is handling the logistical issues that crop up in the days and weeks that follow a spouse's death -- especially an unexpected one. At the same time, care needs to be taken to avoid making decisions or missteps that will prove complicated or perhaps impossible to undo years down the road.

Planning ahead, which means having sometimes uncomfortable discussions while both spouses are alive, will go a long way to easing the inevitably difficult path. But just as crucial is the support of trusted family and friends, along with expert advisers and support groups.

The surviving spouse, of course, may be focused on getting through one day at a time. That said, all involved shouldn't lose sight of the fact that reverberations from the loss will play out in ways big and small well beyond the immediate grieving period. In some cases, it may require rethinking a financial plan from top to bottom. For most, it means revisiting their own estate-planning documents.

Decisions to avoid making right away are big real-estate transactions -- such as selling a house -- or anything that could have a material effect on savings, such as giving away money from life-insurance benefits.

People think, "I'm not going to need this amount of life insurance". But if you have been living on income from two people, you should get an idea of what your monthly expenses are before you're magnanimous with the money you just received.

For more information on succession planning, schedule a complementary Sons of Norway financial review.

Reference: The Wall Street Journal / Star Tribune, September 4, 2011.

Greg Hovland

Financial Benefits Counselor
651-429-2304

ltcfinancial@msn.com
www.LtcFinancialServices.com

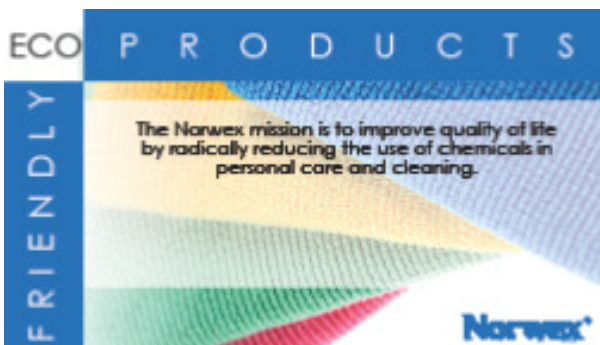
Membership Pins to be Received at Julebord

Congratulations to the following members who will receive pins for years of lodge membership*. Pins will be awarded at our Julebord on December 13. Recipients, please join us to receive your pins as we recognize your continued support of our lodge. (* Greater than 30 years are recognized only.)

65 years	Mabel Egan	15 years	Steven Helgeland
50 years	Vivian Ann Seeley		Lloyd Fanum
45 years	Andrew Engebretson		Trudi Johnson-Richards
	Delores King	10 years	Maureen Austinson
40 years	Lavonne Curley		Beverly Dougherty
	Erna McGuire		John Dougherty
	Robert Mikulak		Rod Hale
35 years	William Hageman		Marvin Hammer
30 years	Carol Brockway		Gregory Hovland
	Sharon Glasrud		Raymond Jacobsen
	Susan Stow		Cathie Reasoner
	Jon Stratte		Jane Straub
25 years	Paul Ellefson	5 years	Mariel Blomstrand
	Gloria Skalbeck		Eugene Hanson
	John Skalbeck		Fran Howard
20 years	Betsy Anderson		Sherry Miller
	Donald Anderson		Jeane Pearson
	Kathleen Kaluza		Judith Stanke
	Dallas Zimmerman		Rebecca Urban
	Eileen Zimmerman		

If you cannot attend, please contact Membership Vice President Kathy Stevens at 651-457-6786 or unicorn670@comcast.net .

We wish to thank Meredith (Maf) Berg and Sharon Amann for their generosity is making donations to our Summer Camp Scholarship fund.
 December is a good time to think about tax deductions and a contribution to your lodge!
 It's tax deductible and you can specify what it is used for if you desire.



As your Independent Norwex Consultant I am committed to helping you save time and money providing you with a complete line of products that are better for your health and better for the environment.

Norwex Stands for Norwegian Experience. To give a little bit of background Norwex was started by a team of doctors and scientists in Norway that wanted to come up with any alternative to chemical cleaning in surgical units and other area in the hospital. So they came up with a cloth that removed 99.8 % of all germs with just water. Norwex products support our mission to improve the quality of life by radically reducing chemicals in personal care and cleaning with just WATER. I would be happy to serve you by providing you with additional information, discussing product selection and sharing more information with you about Norwex.

Sharon Kalmes (Lodge member)

Synnøve-Nordkap Lodge #1-008
Sons of Norway
3510 Centerville Rd
Vadnais Heights, Minnesota 55127-7104

**Time sensitive material;
 please deliver promptly!**



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 Linda Holmstrom 770-8989

(* All area codes are 651 unless otherwise specified).

SYNNØVE-NORDKAP
SONS OF NORWAY
LODGE #1-008
First Lutheran Church
463 Maria Ave.
St. Paul, MN 55106
651-762-7872



St. Paul, MN

Upcoming Activities

Bell Ringing at Byerly's - Sat. Dec. 3
Annual Julebord - Tuesday Dec. 13
Junior Lodge Baking - Sat. Dec. 10

More Info Inside

The Mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members. Synnøve-Nordkap Lodge welcomes visitors and new members.